



COSHH

Volume 2 Issue 5

Newsletter Date: May 2010

ABC Health and Safety Ltd are now Registered to run the following courses. Spaces are limited so please contact us as soon as possible:

- **IOSH Managing Safely**

Next course:

16/17th Sept 2010

Continued 23/24th Sept

- **IOSH Working Safely**

Next course

TBC

- **IOSH Managing Environmental Responsibilities**

Next course

17/18 June 2010 continued 24/25 June 2010

- **NVQ Level 3 and 4 in Occupational Health and Safety**

If you would like any more information about any of the above courses please contact us: info@abchsltd.co.uk

You are probably already aware of many risks in your trade or industry. A COSHH assessment concentrates on the hazards and risks from substances in your workplace.

Remember that hazards and risks are not limited to substances labelled as 'hazardous'

- Walk around your workplace. Where is there a potential for exposure to substances that might be hazardous to health? Examples include processes that emit dust, fume, vapour, mist or gas; and skin contact with liquids, pastes and dusts. Substances with workplace exposure limits (WELs) are hazardous to health.
- In what way are the substances harmful to health? Get safety data sheets, and read your trade magazines. Some substances arise from processes and have no safety data sheet. Examples include fume from welding or soldering, mist from metalworking, dust from quarrying, gases from silage. Look at HSE web pages for your trade or industry.
- What jobs or tasks lead to exposure?
- Are there any areas of concern, e.g. from the Accident Book? Examples include burns from splashes, nausea or light-headedness from solvents, etc

Safety data sheets provide information on substances that are 'dangerous for supply'. Other substances should have instructions for safe use.

By law, your supplier must give you an up to date safety data sheet for a substance that is 'dangerous for supply'.

Keeping a copy of the safety data sheet is not a COSHH assessment!

HSE Myth of the Month - You don't need to secure your load if you're just driving down the road

The reality

If not properly secured, vehicle loads can become unsafe, even over a short distance.

Loads that haven't been firmly tied down increase the risk of vehicle rollover and spillage. They risk the lives of drivers and other road users, and can also cause annoying traffic disruption.

More than 1200 people a year are injured as a result of unsafe loads, and millions of pounds are lost in damaged goods.

Don't take the risk – make sure your load is restrained and contained!



For other course dates for the rest of the year, please contact ABC on 01304 206228 or email on info@abchsltd.co.uk

