



## Skin Safety at Work

Volume 2 Issue 3

Newsletter Date: March 2010

### Check your Skin Regularly

ABC Health and Safety Ltd are now Registered to run the following courses. Spaces are limited so please contact us as soon as possible:

- **IOSH Managing Safely**

Next course:

22nd/23rd March 2010

Continued 29th/30th March

- **IOSH Working Safely**

Next course

26th March

- **IOSH Managing**

Environmental

Responsibilities

Next course

TBC

- **NVQ Level 3 and 4 in Occupational Health and Safety**

If you would like any more information about any of the above courses please contact us

info@abchsltd.co.uk

Work-related skin disease can affect people in a wide range of occupations. Wherever you work, this site shows how the APC approach (avoid, protect, check) can reduce the chances of suffering painful and sometimes debilitating skin conditions.

What are the high-risk jobs and workplaces?

Work-related skin problems are very common. They can happen in most workplaces although they happen more in certain high-risk jobs. Some specific advice has been provided for some of these occupations. This advice can be found on <http://www.hse.gov.uk/skin/employ/highrisk.htm>

If your industry is not listed below then just follow the more general advice on how to prevent skin problems.

- Catering
- Hairdressing
- Health services
- Dentistry
- Printing
- Metal machining
- Motor vehicle repair
- Construction

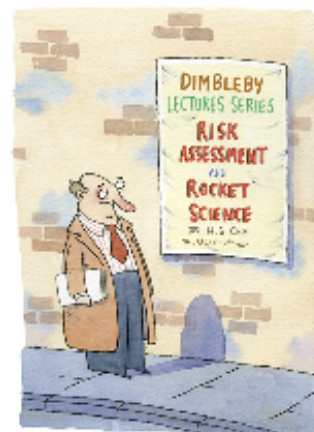


**HSE Myth of the Month - Risk Assessment is too complicated for me to do!**

### The reality

Carrying out a risk assessment should be straightforward. It's about focusing on real risks and hazards that cause real harm and, more importantly, taking action to control them.

**Clear up!**



**For other course dates for the rest of the year, please contact ABC on 01304 206228 or email on info@abchsltd.co.uk**